



Don't suffer in silence. We are here for you.

## NEW ~ Home-Start Thanet Helpline

We have launched additional support through our new helpline which will be open every: -

Tuesday 9.30 ~ 12.30

Wednesday 9.30 ~ 12.30

Thursday 9.30 ~ 12.30

We are here to support you with parenting guidance and to offer a listening ear and offer emotional support.

Parenting can be a joy but we all realise it also has its ups and downs and just being able to reach out and talk can help.

Simply ring 01843 609665 or email <u>admin@homestartthanet.org.uk</u> and we will take basic details and match you up to a member of our experienced staff team who will call you back as soon as possible.

Coronavirus, please note our regular Home-Start Programmes are still running although we are currently only offering phone contact.

To find out more ring us or talk to your Health Visitor, Early Help Worker, Children's Centre Worker or check us out on our website <a href="https://www.homestartthanet.org.uk">www.homestartthanet.org.uk</a>